## Week 3 W/C: 01/05, 22/05, 19/06, 10/07, 04/09, 25/09, 16/10

### TUESDAY WEDNESDAY **THURSDAY FRIDAY** MONDAY Cheese and Mexican Beef **Roast Turkey Butter Chicken** Tomato Pizza **Breaded Fish** HOT DISH Served with Roast Tortilla Pie \* Curry 🐲 **Fingers** Served with Potatoes and Served with Served with Potato Served with Chips Wholegrain Rice Gravv Wholegrain Rice Wedges Mexican **Vegetable Pastry HOT DISH 2** Vegetable Korma Tomato Roll 💿 Vegetarian Macaroni Cheese Vegetable Burger Tortilla Pie o 🐲 Served with Roast Served with Served with Potatoes and Served with Chips Wholegrain Rice Wholegrain Rice Gravy HALAL DISH **Mexican Beef** Roast Turkey (1) **Butter Chicken** Tortilla Pie 🐲 🙃 Served with Roast Curry 🐲 🙃 Served with Potatoes and Served with Wholegrain Rice Wholegrain Rice Gravy ACKET POTATO **Jacket Potatoes Jacket Potatoes Jacket Potatoes Jacket Potatoes Jacket Potatoes** ₩ 🕶 ₩ 🖤 ₩ 🕶 ₩ 🕶 with a choice of hot and cold fillings PASTA: Wholemeal pasta with homemade tomato sauce served daily All main meals served with two vegetables Orange Chocolate Chocolate **Crispy Crackle** Vanilla Ice Cream Shortbread with **Brownie with** Milkshake with Bar Fruit 6 Fruit 6 Cookie

AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, TWO VEGETABLES, YOGHURT AND FRESH FRUIT





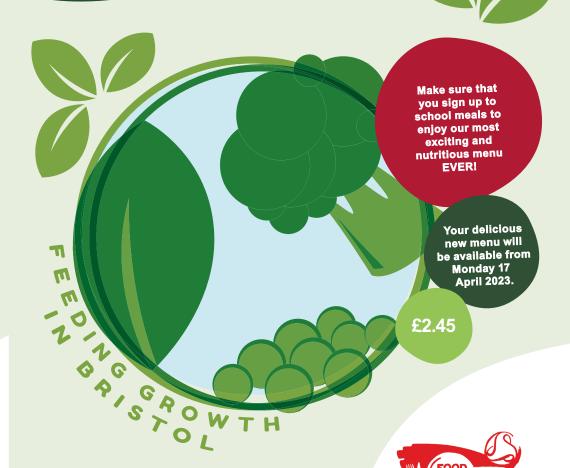






### Three week menu

Spring/Summer 23



For medical diets requirements please email chartwells.medicaldiets@compass-group.co.uk or visit www.chartwells.co.uk/nutrition



# Week 1 W/C: 17/04, 08/05, 05/06, 26/06, 17/07, 11/09, 02/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT DISH 1	Cheese and Tomato Pizza • Served with Potato Wedges	Chicken Korma ₩ Served with Wholegrain Rice	Roast Turkey > Served with Roast Potatoes and Gravy	Beef Bolognese  Served with  Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips			
HOT DISH 2	Sweet Potato Curry   Served with Wholegrain Rice	Macaroni Cheese <b>⊙</b>	Roasted Vegetable Butterbean Crumble • Served with Roast Potatoes and Gravy	Vegetarian Bolognese    Served with Wholemeal Pasta and Garlic and Herb Bread	Vegetarian Dippers <b>⊙</b> Served with Chips			
HALAL DISH		Chicken Korma    Served with Wholegrain Rice	Roast Turkey    The state of th	Beef Bolognese  © G Served with Wholemeal Pasta and Garlic and Herb Bread				
JACKET POTATO	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes			
PASTA: Wholemeal pasta with homemade tomato sauce served daily								
All main meals served with two vegetables								
DESSERTS	Mango Frozen Yoghurt	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar	Chocolate Ice Cream			

AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, TWO VEGETABLES, YOGHURT AND FRESH FRUIT













## Week 2 W/C: 24/04, 15/05, 12/06, 03/07, 28/08, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT DISH 1	Cheese and Tomato Pizza <b>○</b> Served with Potato Wedges	Chinese Chicken and Vegetable Rice <b>₩</b> ❤	Roast Chicken Served with Roast Potatoes and Gravy	Beef Lasagne Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips			
HOT DISH 2	Vegetable Pastry Roll   Served with Potato Wedges	Macaroni Cheese <b>♥</b>	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetable Lasagne   Served with Garlic and Herb Bread	Vegetarian Dippers <b>⊙</b> Served with Chips			
HALAL DISH		Chinese Chicken and Vegetable Rice ৠ ৠ ဨ	Roast Chicken  Served with Roast Potatoes and Gravy	Beef Lasagne    Served with Garlic and Herb Bread				
JACKET POTATO	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes			
PASTA: Wholemeal pasta with homemade tomato sauce served daily								
All main meals served with two vegetables								

**Orange Jelly** 

Berry Flapjack with Fruit \*

Crunchy Chocolate Biscuit Pineapple Upside Down Cake 🎳

Strawberry Ice Cream

